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THE SYDNEY UNIVERSITY VETERINARY SOCIETY PRESENTS

THE CHIRON

ISSUE 2, 2015

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PAWSE

VET SOC
PUPPY
DAY





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From the editor...

Welcome back to another semester of vet school! This edition of Chiron has been timed for your maximum enjoyment - early in semester when no-one has cares for study (although we have some stellar study tips) and you vetlets are full of optimism for the subjects ahead. Alas, don't fret as there are games to be played and there is fun to be had. If you still have a spring in your step from Winter break and a story to tell, then become a contributor by getting in touch with the VetSoc.

Happy reading, and as always, <3 Vetsoc,
Alex



This issue of The Chiron is proudly supported by:

Hill's Pet Nutrition
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The Sydney University Veterinary Society thanks you for your help and assistance with the production of this publication

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The University of Sydney Union (USU) is a non-profit organisation dedicated to providing the best student experience in Australia. Through our programs, products and services, we aim to enrich the life of every student attending the University of Sydney – socially, culturally and intellectually.

We offer an extensive range of student programs, leadership opportunities and entertainment, including our Clubs and Societies Program, which boasts over 200 groups on campus. We also provide O-Week, our flagship festival and Australia's biggest university orientation in Australia, and INCUBATE, a first-of-its-kind startup development program in Asia-Pacific. We also host a jammed packed events program throughout the year.

With more than 12,000 members, we're the largest independent student union in Australia. All income generated by our operations is invested directly back into our student community providing them with the

chance to have a once-in-a-lifetime university experience.

To become a member of USU, grab yourself an Access Card at the Access Desk, Level 1, Manning House.

The University of Sydney Union is the provider of key programs, products and services that enhance the experience of the University of Sydney population. The USU is a not-for-profit organisation that has existed to serve the campus since 1874, when it began as a humble society for ambitious student debaters.

Over its long and distinguished history, the USU has established its place at the University of Sydney, opening three major buildings, offering hundreds of different services and hosting countless events. The USU is guided by a board of student leaders, who are elected each year by their peers. The student-centric election and governance system is crucial to keeping the USU relevant and valuable to the campus community.

The USU is a member-based organisation and began as a debating society all that

time ago – and is still an international force (ranked number one in the world), but today there is something every student – and staff member can benefit from. The USU's Clubs and Societies program is Australia's largest, with more than 200 Clubs and Societies on campus, bringing together students with shared passions and hobbies, be it a love of dancing or an interest in politics. There are also Clubs representing faculties – making it easier to forge connections with fellow students.

The USU's Student Leadership Program creates opportunities for exceptional student leaders to develop skills and be involved in the development of campus culture and events. There are a wide range of roles on offer for students who have the drive and desire to achieve beyond their uni coursework. The USU also runs a busy entertainment program all year round, from regular activities such as trivia and bingo, as well as major local and international live acts. The USU runs a number of initiatives and programs that aim to bring out the life and colour on campus, to celebrate diversity and encourage students to get creative.

PRESIDENT'S REPORT

BY CILLIAN COLEMAN

Another semester over, another series of exams stealing our lives. Firstly let me start off by saying I hope you all had a safe and relaxing break. Last semester threw up numerous challenges for us as a committee and I'd be lying if I didn't say I'm incredibly proud of the way the team handled so many of the issues they faced.

This semester is certainly shaping up to be big. We have Vetball on its way! That's right, the biggest formal affair of the Vet year is just around the corner. This year it is a masquerade theme so get working on those unique and lavish masks. 3rd years also have their Halfway Dinner so congrats to everybody for surviving this far. It's all downhill from here, so enjoy it! This is all building of course to my favourite time of year...Quad-Fac rugby and touch footy! Training will be starting almost straight away. This will mostly include games of touch footy most Tuesdays and Thursdays at St John's oval. This is a brilliant time of

year, so definitely come down (even if you don't know how, we will show you).

Note to all first years, attendance at the games and subsequent keg is generally considered compulsory. Failure to attend will be frowned upon by many including future employers

We've also got more lunch-time events, including the continuation of Inter-fac on Wednesdays and the possibility of some lecture series in the coming weeks. Maybe a puppy or two if you're lucky. Of course the feather in the cap that is the vet calendar, we have the Annual Camden Weekender and Wacky Races. Days not to miss, make sure you keep an ear out for any updates and promotion as they come out. To get a taste of what it can be like, go to our YouTube page and check-out some of the skits and promotions from previous years.

Best of luck in the semester ahead!

BE PART OF THE NEW VETSOC EXECUTIVE

IF YOU'VE EVER WANTED TO BE PART OF STUDENT LEADERSHIP THEN THIS SEMESTER IS YOUR CHANCE.
WE'RE COMING TO THE END OF OUR RUN AND ARE LOOKING FOR THE NEXT GROUP OF EAGER VETLETS TO TAKE OVER.
BE A PART OF A VET TRADITION, RUN FOR VETSOC.

VETSOC HAS BEEN AN ESTABLISHED PART OF THE FACULTY SINCE 1912. IT IS A WELL-KNOWN PART OF STUDENT LIFE AND WILL GIVE YOU PLENTY OF VALUABLE SKILLS FOR THE FUTURE. IF YOU HAVE ANY QUESTIONS FEEL FREE TO ASK ANY OF THE CURRENT EXECUTIVE. MORE INFORMATION WILL BE RELEASED LATER THIS SEMESTER.



UP&COMING

VETSOC EVENTS BE THERE OR BE SQUARE



Heroes vs Villains Keg
7th August
7pm Vetlawns

Masquerade Vetball
28th August

Quad-Fac Rugby
Friday Nights 4th Aug -
18th September

Interfac Sport
Every Wednesday Lunch
starting week 2

KEG KORNER

BY BRITTANY DICKSON

Earlier this year on the 8th of May VetSoc hosted the devilishly divine Annual Save the Tasmanian Devil Charity Dinner.

In the lead up to the big night sausage sizzles, bake sales, and shenanigans including pies, makeup and the VetSoc boys were all conducted to complement takings from the evening.

Attendees included current students, alumni and staff who all joined together to raise funds for this worthy cause over some scrumptious canapés and refreshing libations.

A big thankyou to our guest speaker Rebecca Gooley who consolidated the night; discussing current research and the future outlook for these amazing creatures.

Our raffle boasted over 15 prizes from the likes of Australia Zoo, Taronga Western Plains Zoo, Featherdale Wildlife Park, RB Sellars, Cass's Handmade Rope Halters and Accessories, Jah Bar, Spiral Creations jewellery, Forest Lodge Hotel, Suzy Spoons vegetarian butcher and the Discovery Channel Australia.

We must also extend an enormous thankyou to our major sponsor Hills!

And finally we can proudly announce, that thanks to your generosity a whopping \$2000 donation has been made to the Save the Tasmanian Devil Charity. 100% of this donation will go towards the costs of research and management activities aimed at ensuring the long term survival of one of our amazing Australian icons.



SPORTS REPORT

BY JACKSON CONATY & DANI DENDRINOS

Semester One competition started with touch football. We won the first game however unfortunately we didn't make the grand final.

The next week the sport played was tennis. Only one of our sports rep, Jackson Conaty, was able to represent Team Vet. Although he is known to be the greatest sportsman who ever lived, even the greatest of us have their bad days. And so, despite his valiant effort on the court, Jackson was unable to progress into the second round.

Unfortunately the bad luck continued as everybody's worst fears were realised. Cricket and AFL 9's were called off due to wet weather. This also coincided with the midsem break meaning that we had to go 4 weeks without any interfac sport, a truly terrible time.

The season finally restarted with men's soccer and the wait was worth it. The guys managed to make it to the grand final. Unfortunately they lost to engineering in the final but their efforts put us back into the top half of the ladder and back into a competitive position. Shout outs need to be given to our goal keeper Adrian Sujuraj who managed to see us through a penalty shootout in the third round to make it into the final, and also to our secret weapon Frederic Oxenham who was one of our best players despite injuring his ankle in the first round.

1	Law	73
2	Engineering	68
3	Business	66
4	Education	66
5	Veterinary Science	66
6	Medicine	60
7	Pharmacy	52
8	Science	45
9	Arts	45
10	Health Science	29
11	Architecture	15

The women's soccer was a huge success! With great teamwork, defence and attack from all the girls, we not only won all three soccer games, but not one single goal was scored against us! Some great goals were scored; with some even from the half way mark of the court. The effort and hard work of the girls payed off and this brought us up to a position of being equal first with law. After the success that we had in both soccer competitions we were brought back down to earth in ultimate Frisbee. Unfortunately we lost in our first match against business. We then finished the semester off with touch football where we lost our first game against the Cumberland campus.

Although we didn't fair too well at the end of the semester our wins in soccer have still kept us in a competitive position. We are entering the second semester in an equal 3rd and are only 7 points away from 1st place, which means it may only take one good win to place us at 1st!

I would like to thank everybody who has participated in the sports so far and I strongly encourage anyone else who wants to play to come down, we always welcome new faces. We will start off the second semester interfac sports with mixed Futsal on the Wednesday of week 3. I look forward to seeing you there 😊



The winning women's soccer team

Beauty and the Beasts

By Sophie

BY SOPHIE WOODHOUSE

Second semester is officially upon us, bringing with it a bursting social calendar including the Masquerade Vet Ball on Friday 28th August. Our legitimate excuse to toss aside the overalls and actually touch our hair, getting glammed up for the night of the year is the ultimate indulgence. For those girls (or guys...) wanting to try something bold, a classic smokey eye never goes out of style. This chic and effortless look suits every person, dress and colour scheme- ensuring that when your mask is lowered your outfit is still complete. For that reason I've created this step-by-step guide to creating an easy, flawless smokey eye that will undoubtedly make you the belle of the ball.

THE PRODUCTS:

1. *Urban Decay Eyeshadow Primer Potion*: To eliminate creasing and ensure your look stays perfect all night, eyeshadow primer is an absolute must. For a more accessible alternative, check out e.l.f. cosmetics Eyelid Primer from K-mart.
2. *Maybelline Eye Studio Hyper Diamonds Eyeshadow in GY1 'Charcoal Diamonds'*: This palette is the backbone to the tutorial, and is available from all leading pharmacies.
3. *Any matte black eyeshadow*. For this look I'm using MAC cosmetics eyeshadow in 'Carbon'.
4. *Optional: MAC cosmetics Mineralize Eye Shadow in 'Cinderfella'*: This product is highly pigmented, finely milled and contains a ridiculous amount of glitter- perfect for adding that extra dimension to the look. If money is an object, stick to Shade 1 of the Maybelline palette to produce a similar effect!
5. *Rimmel 'Glam Eyes' Liquid Liner*
6. *Rimmel Soft Kohl Eye Liner Pencil in 'Jet Black'*
7. *L'oreal False Lash Telescopic Waterproof Mascara*: Any mascara of your choice will suffice, but aim for waterproof to enhance the staying power of your look



THE TOOLS:

1. Glameyes False Eyelashes in 'mila lashes': Also available in most pharmacies, aim for false lashes with adhesive supplied to eliminate unnecessary purchases.
2. Tweezers
3. Sticky tape
4. Eyelash curlers



THE BRUSHES

A workman is only as good as his tools. These Sigma brushes are only available online, but there are many great alternatives found on home soil in stores such as Priceline. You will need:

1. *A large shader brush*: your classic flat square brush to deposit colour uniformly across the lid.
2. *A tapered brush*: these have a slightly pointed edge enabling you to work colour into the crease and outer 'V'.
3. *An even more tapered brush*: to create finer detail and accentuate the outer corner.
4. *Optional*: I used a short shader brush to bring colour underneath the lower lashes, but you can do this with any brush.
5. *A blending brush*: This is probably the most essential brush to add to your collection. These brushes are fluffy on the end and enable you to work away harsh lines and create a seamless, beautifully transitioned look.



Step 1: We begin the tutorial with a completely bare face. The dark shades and glitter being used often produce a lot of fall out onto the cheeks, which would be a huge pain to remove if foundation was already applied. Prepare the lid by sweeping a small blob of primer across it. Ensure you blend right up to the brow bone, into the inner corner and out to the point of your eyebrow.



Step 2: Cut a 4-5cm strip of tape and stick it just below the lower lash line, on an imaginary angle from your nose to your temple. This allows you to crazily apply colour to the outer corner and be left with a crisp, sharp line once you peel away at the end. Be sure not to stick the tape too close to the lower lashes as you will be drawing the eyeshadow underneath them later.



Step 3: Using the large shader brush, sweep shade 3 from the Maybelline palette from the tape to the inner corner, and upwards to the level of the crease. Taking the short shader brush, bring the colour down along the lower lash line.



Step 4: Using the larger tapered brush, take MAC Cinderella/Shade 1 of the Maybelline palette. Make a 'V' from the outer corner along the tape, extending the shadow across the lid in sweeping arch motions. Bring the shadow about 1/3 across the lid, repeating until you're satisfied with the depth of colour and glitter.



Step 5: To further intensify the colour in the outer V, take the matte black shadow on the small tapered brush and mimic the motions made with the previous shade. Concentrate the product into the crease, along the tape line and into the outer 1/3 to emphasise the gradient along the lid.



Step 6: So far we're left with quite a sharp transition between the product and eye. Blending the colour outwards is absolutely essential in creating the 'smoke', whilst also appearing much more seamless and professional. To begin use tiny circular motions from the colour outwards, drawing the product up gently to just below the brow bone. Once you've blended all you can with the existing shadow, take very small amounts of the respective shades on the brush and repeat the circular motions. Once you've achieved an even transition, complete the look by blending a small amount of Shade 2 onto the brow bone as a highlight.



Step 7: Using your finger, take Shade 4 (a bright silver glitter) and deposit it in your inner corner to make your eyes pop



Step 8: Remove the tape and clean up any fallout on your cheeks. Following this you can go ahead and curl your lashes, apply mascara and continue on with your face routine. To further intensify the crisp line, I bring my undereye concealer along it using a detailer brush and blend down. This also allows you to neaten up any curves from unseen bumps in the tape.



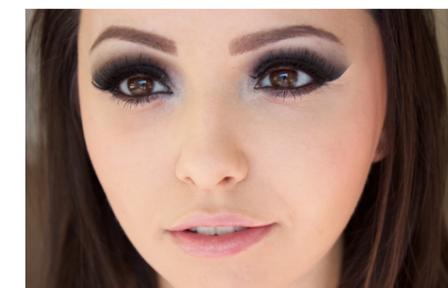
Step 9: Construct a thick liquid line along the length of the lid from the inner corner, extending the tail as far along the shadow line as you prefer. Next, apply kohl eyeliner pencil along the full length of the upper and lower waterlines.



Step 10: After giving my lashes another courtesy curl, the final step is to apply false lashes. Whilst daunting for most, I really feel it brings the look together and is all down to technique. To start, make sure you trim the lashes down to a more suitable size with scissors. Apply the glue to the length of the lash and wave it around to dry for around 30 seconds, or until the glue becomes tacky. This will help the lashes stick much better and ensure they don't slide around when you're positioning them. Using tweezers for precision, guide the middle of the lashes into position first. Place them as close to the natural lashes as you can along the liquid eyeliner line. Once you are content with the position it is much easier to grab each end and bring them into their respective positions.

And there you have it. Simple, elegant, and you'll be fighting off the compliments all night. Who needs a mask when your face looks this good ☺

For more tips and tricks, visit www.beautyandthebeasts.com.au



TRAVELLER VET

BY LUCY MILLER

I've heard a lot of people lament about placement, eight weeks of slave labour for some farmer doing nothing vet related. To those people I say; you obviously didn't pick the right placements! So far I've mustered cattle on horseback, darted giraffes from a helicopter and had romantic trail rides through rainforests, and they were my crappy placements! I've found, if you do your research, plan early, and are keen to get your hands dirty, farm placements are the greatest place to learn.

Here's where I get to Styx River Farm. I flew into Hobart at 7am on a Monday morning and was picked up by Lis's daughter Robin and whisked

up the Derwent River to their picturesque property nestled on the edge of the National Park in South East Tasmania. The Beattie family moved here from England 10 years ago to set up a large-scale dairy away from the immensely high land prices in the UK. The farm was set on 800 acres of rolling hills surrounded by the crisp Styx River. Even in mid February the morning was chilly, but never the less, I pulled on my work boots and jumped in the ute with Phil, Lis's husband, to go on my first trip around the calving paddock; a place that was going to be so familiar by the end of my stay. This morning, however, was only the very start of their calving season. Four cows had already calved; the next 350 were

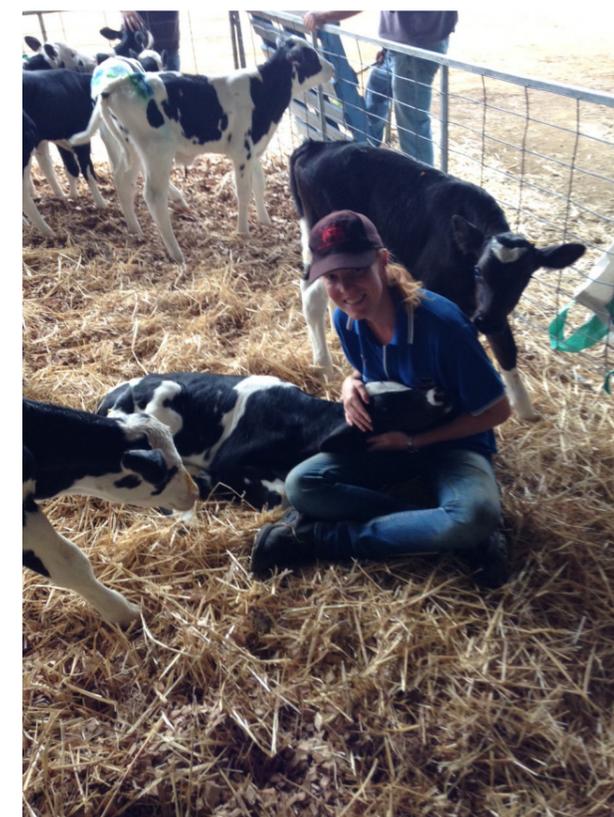
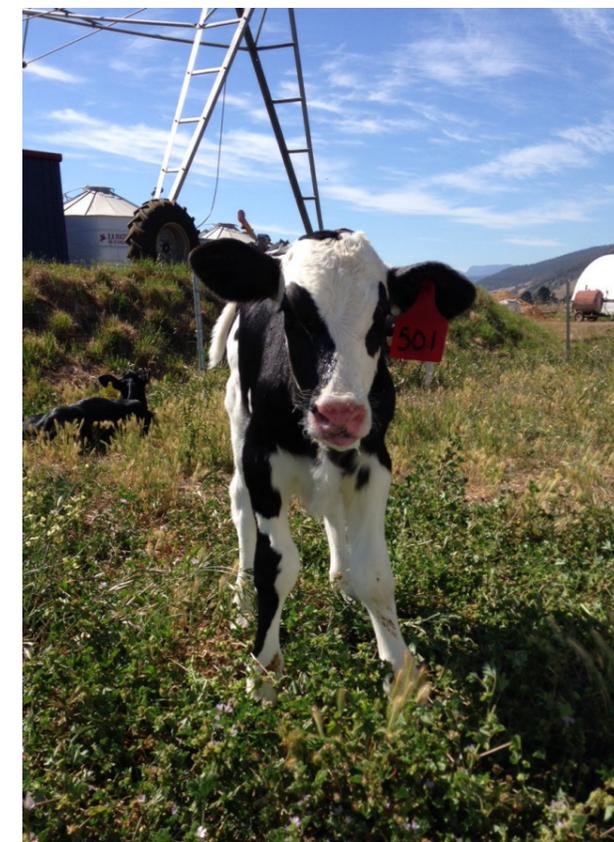
"So here I was, only 4 hours since leaving Sydney with my hand searching around a Friesian's vagina finding two feet, one head... wait, three, no four feet?"

due in the next three weeks.

On this first trip around the calving paddock we only picked up one new heifer calf, but saw one cow struggling. We coaxed her up into the yards and into the crush, then I was told to get a glove on and tell him what was wrong. I am never one to pass up such an opportunity so here I was, only 4 hours since leaving Sydney with my hand searching around a Friesian's vagina finding two feet, one head... wait, three, no four feet? And what's that down there? It seriously feels like a nose... Yep twins. I got out of the way so Phil could put a rope on the first calf's feet and give his mum a hand. Then ten minutes later there were two brand new (alive) heifer calves on the ground with their proud mother giving them both a good lick.

I spent the rest of the afternoon meeting the workers, learning the finer points of colostrum testing and how to stomach tube calves, finishing up with the twins up at the yards on our way back to that house. As soon as I was in the door there was a cold beer in front of me and the smell of something amazing wafting from the kitchen. I've been to a few placements now where you stay with the family but I've never felt so welcome as I did in the Beattie household and my god the food was good.

Every morning we were up at the relatively civilised hour of 6am to go round the calving paddock again. We'd pick up all the little munchkins that had dropped in the night and take them down to the calf shed for their first feed of colostrum. We'd then go back to the house for an immense amount of bacon and eggs on toast. Then back down to spend the day teaching the babies to suck. This job was fairly easy in the beginning with only two or three brand newbies to teach but as the days went on and the cows started dropping calves left right and centre this became the hardest thing we would do all day. Sure, the calves are





all adorable and we made so many little friends but in those first couple of days of life they are all little monsters that want to chew your hand off and butt your arm into something hard and you just end up coated in milk and/or colostrum and have to stomach tube the bugger cause he hasn't drunk an inch. But as they get the hang of it and were able to go out into the bigger pens with their friends we would get to see all their personalities and quirks develop and all the murderous thoughts you had about them 24 hours previously seemed to evaporate.

In the afternoon I would go back out with Phil and check the cows again and bring in the new calves. Nearly every afternoon we would spot one or two cows straining a little too hard so we would bring them in and each time I'd get to jump in and see what was wrong. A lot of times I'd miss the extra feet of a twin, or wouldn't be able to figure out what foot was doing what but as the days went by I started to get a much better idea and got a lot more right than wrong. After almost

a week I was confident enough to get the ropes in the right place on a calf that needed pulling and by the end of the fortnight I'd pulled my own calf unassisted and was immensely chuffed.

However the greatest thing about this placement was not only learning so much about dairy farming but also everything else we did. We went wallaby shooting, butchering them for the most fantastic roast dinners (more like lamb than kangaroo, surprisingly), we swam in the river with platypus, we went to the seediest country pub with the backpacker workers, had a massive family/worker birthday/ going away dinner with the backpackers and the Beatties, we learnt how to make sloe gin, rhubarb chutney, whole egg mayonnaise and the best gin and tonics in the world (the secret is the home grown limes) and, best of all, every evening we had a superb meal, with great wine and even greater company.

If you are planning on going into rural mixed practice, I cannot recommend this placement

enough. The opportunity to learn valuable skills is unparalleled by any other beef or dairy farm on the VVC. It is bloody hard work but it's the best sort of bloody hard work and if you can hack it there's always a cold beer waiting for you at the end of the day.

BEST BITS:

- Learning how to pull calves and stomach tube on my own
- Food and drink

WORST BITS

- The first terrifying stomach tubing experience by yourself. Checking every 2 seconds that you aren't drowning the poor thing.
- Losing Ten Tonne Timmy; a ~50kg calf from Hyundai who survived a couple of days but must have developed pneumonia and died. He was the only calf we lost.

TOP TIPS FOR STYX RIVER:

- Study before you go; the more you already know the happier they are to teach you. Understanding the basics of Milk Fever and dystocia will get you a long way.
- If you need a lot of sleep, don't go. When calving really gets going there are late nights and early mornings involved. Naps in the afternoon are encouraged but you gotta be up and ready to go when stuff is happening or you will miss out.
- Memorise the numbers. You will be tested. As the cow is running down the paddock away from you Phil will ask; "oh shit what was her number?" and you will be teased if you get it wrong. But man it gets hard when 1112, 2221, 2121 and 2211 all calve on the same day.
- Make friends with the best cows: Scabby, Wuntouwsand (1000), Hyundai (130), Goldilocks, Scabby 2. Its not really a tip, they're just cool.



DO YOU EVEN LIFT?

BY BEN PRATT

REIGNING DAY GAMES LUBE WRESTLING AND OBSTACLE COURSE CHAMPION, BEN PRATT, IS WELL KNOWN FOR HIS DEDICATION TO THE GYM (OFTEN INSTEAD OF CLASS). CHIRON CAME TO HIM FOR ADVICE ON HOW TO TURN THOSE OF US WITH THE LOOSE FOLDS AND STAMINA OF A PUG INTO MORE ABLE BODIED MACHINES...



It's that time of the year again. Fresh back from the winter break, the 'Vetties' shuffle back into lecture theatres for another semester. After a month of accumulating winter weight and experiencing a fading skin tone, the thought of Camden Weekender just around the corner makes you sweat. Even if you don't live by the mantra "suns out guns out" you know that during this semester you will be faced with the difficulty of picking up chicks or keeping hold of a stud. So if you feel it's time to kick your glutes into gear, then perhaps it's time to consider setting foot in the dark and scary realm of... The Gym (pronounced "Jim").

PRE-WORKOUT

Before you hit the gym it's time to consider the pre workout. Now we're not necessarily talking about a caffeine charged beverage, rather a few simple steps of planning that will help you on the road to success.

YOUR GYM: Ok it's pretty obvious, you're going to need to get yourself a membership. Gyms

come in many shapes and sizes, and what's good for one person may not be for another. Making the right decision here may help save money and help you on your way - many gyms offer trial periods which can help.

- Uni gym - great for in between (or instead of) lectures
- 24 hour - literally any time you feel
- Cross fit - talk to Dan Goldstein/you'll have already heard about it from the people who love it
- Home gym - probably going to be limited with equipment but at least it's always there
- No gym - get creative

Gym Gear: fashion faux pas aside, it's not comfortable working out in jeans and joggers. It's time to go out and get yourself some proper workout gear.

- like it tight and bright - bro-scientifically proven to accelerate results!! Diego Garcia suggests shopping in the children's section for the extra tight fit
- Anything comfortable will do - old t-shirts and shorts will suffice
- Running shoes may not be the best choice for the weight room, something with a hard sole may be more suitable (like Converse)
- Other equipment- straps, belts, gloves, supports; it's really up to you and what you are aiming for

THE WORKOUT

Now you've got yourself sorted it's time to crank the Olivia Newton-John and get physical!!! Workouts come in many forms; exercises, rep ranges, muscle groups, equipment - it really can be

daunting. All I can do is offer a few tips:

- Do some research and be ready to experiment; you are looking for a workout that works and you can stick to.
- Try and look into the science but don't get too caught up in all the theories
- Consistency is probably the most important so stick in there - make it a habit
- Setting goals and tracking progress helps with motivation and makes sure things are working as they should
- Girls can (and should) hit the weights



NUTRITION

If the previous section didn't make you sweat, the heat of the kitchen might. Many people are scared off at the thought of a diet so if you're still reading, congrats! Nutrition doesn't have to be restrictive or daunting and proper nutrition can dramatically improve your progress.

- Know what you are eating - read the labels
- Calculators and tracking apps make meeting nutritional requirements much easier- My fitness pal app works well
- Learn how to cook and get creative in the kitchen
- Consistency is again the key - but don't be too scared of having a day or two off

SUMMARY

So Vetties, it's time to rise to the challenge and take the dumb out of dumbbell. Going to the gym is both mentally and physically rewarding and there's plenty of cross over with your studies (reinforces subjects like anatomy, nutrition and cell biology... and pharmacology). Now it's going to take time to get there, so with Camden Weekender and prac classes looming; there's no better time to start than now.

When in doubt a sneaky hand pushing up your biceps can do wonders



BACHELORRETTE OF THE ISSUE

INTERVIEWED BY DR CUPID BVSC DVM



Name: Molly Greentree
Degree: AVBS First Year

DR: Good golly, Miss Molly! Let's start off with the basics. Tell us about your hometown.

MG: I am from the Hawkesbury which is out west near Penrith. It's pretty good until you have 8am classes.

DR: Sounds nice and romantic, away from the city. What about your dates? How would you describe your perfect date? Please, NO Miss Congeniality references.

MG: My ideal date is doing something fun like going to an amusement park followed by dinner that night.

DR: Straight out of a classic romance movie. Let's say this article goes perfectly as planned and you snag yourself one of the amazing (but few) vet boys with your wit and charm, what are 2 things he should really know about you?

MG: I am a 'Friends' addict- be prepared for many 'Friends' marathons. I also love travelling, so frequent

holidays are a must!

DR: Well at least he can be sure you have good taste in television. So travelling huh? If you could end up anywhere in the world, where would it be?

MG: Africa. The dream is to go over to Africa and do some vet work there for a few years.

DR: With all this globetrotting you're bound to stumble on a few culinary delights/disasters. What's the weirdest one you've found so far?

MG: I would have to say eating Chicken feet in China.

DR: Aaannnndddd there goes my appetite... Let's change topic. Let's say you have the chance to be any fictional character you want, who do you pick and why?

MG: Catwoman (Anne Hathaway). Not only is she sexy as hell but she helps save Gotham City and ends up living in Italy with Batman - What more could you ask for?

DR: Let's get a little bit serious here. Little bit reflective. What is your biggest dream?

MG: Honestly, to become a vet. It is what I have wanted to do since I can remember

DR: What about your biggest weakness?

MG: Food. I feel like I am constantly eating

DR: Listen up fellas. The way to her heart...through her stomach. But I'm still reeling from the thought of those chicken feet. Finally, probably most importantly... You can punch one person in the face with absolutely 0 consequences, who is it?

MG: Kim Kardashian. Why she became famous I'll never know.

DR: A woman after my own heart.

Thank you, Molly! We wish you the best with everything.

GAMES CORNER

PROCRASTICHIRON

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X V T K S I S I E O P O R H T Y R E A T
L M V O L U M E X Q I P N O C A R N J J
P Z P N U O T O T X D L O O R V M C B S
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P E P I D I D Y M I S U A O R Q D H A W
A R V V H S H F H Q P H M R N D N A C W
Z O P O D P Z P N B A S M M D C R L Q Q
B J J N I B O L G O M E A H K I Y O P L
F T P Y F S A R O X I Y L R Z F A P H D
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H J V B U S D W U U D L N R C N F T C B
P F O P S R N T O D E K I E Q O I H E Q
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S A N U Z U A O U W D N M R O W E P A T
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T W U D D G M B I V Q T U U Z Q S P B X
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BASOPHIL
BOVINE
ENCEPHALOPATHY
EPIDIDYMIS
EQUINE
ERYTHROPOEISIS
EXTENSION
FLEXION

GIARDIA
HAEMOGLOBIN
HENDRA
HOOKWORM
HUMERUS
INFLAMMATION
INFRASPINATUS
NEUTROPHIL

PONS
RENAL
RINGWORM
SCAPULA
SHEA
SYNOVIAL
TAPEWORM
TROCHLEA

STUDY TIPS

BY CIARA GIBNEY

So it is the start of a new semester and perhaps you weren't super thrilled about your results and are thinking about what you could do differently for the upcoming semester. Well here are a few tips to keep in mind this semester that may help!

Vetsoc's Top 15 Study tips

1. Find a good study buddy! They are good company, help keep you on task and can help explain concepts that you find particularly difficult. Explaining difficult concepts to people is good way of checking your own understanding. You can quiz each other and come up with funny ways to remember things.
2. Find a study environment that works for you. This will vary for everyone, some people like complete silence and some people need to study in places with lots of noise or other people around. Experiment by studying in different places and find out what works best.
3. Make up or look up anagrams or acronyms for lists of things you have to remember. The funnier and stranger the better! Heck I even know of people who have made up their own dance moves to help them remember things.
4. Make condensed summary notes of the lectures in your own words. It simplifies the material that you have to learn and can help make the lecture material seem less overwhelming.
5. Throughout the semester continually revise your notes and test yourself. The hardest thing about studying vet and animal science is the sheer volume of information, so its best to review continuously rather than cram and learn everything the night before an exam!
6. Go to or listen online to all the lectures. Lecturers will often say things that are not included in their notes and will often give helpful exam and assignment tips during lectures.
7. Go to pracs and tutes. They are mandatory, but they can be good learning opportunities and are a good chance to talk one on one with the lecturers if you have a specific question and are bit shy to ask in the lecture.
8. Do past exam questions! Lecturers love to recycle questions and again are a good way of checking your understanding.
9. Keep doing the things you love! Vet is a really difficult course, but that doesn't mean should stop doing the things that make you happy. Take time to go for a run, bake, and hang out with friends. In the end your physical and mental health is way more important than getting a HD.
10. Get a good night's sleep, especially the night before an exam.
11. Be organized! Keep up to date with assignments, pracs and exams. Make a schedule for yourself.
12. Use your time wisely, if you have a really long train or bus commute use the time to study. Hey you could even listen to lectures while you work out! Who doesn't want to listen to Glenn Shea's voice while going for a run.....
13. Make tables, mind maps, and flow charts if you have to compare chunks of information.
14. Look up different sources on a topic If there is something in particular you find difficult to learn. You tube videos are great!
15. Make friends with other students from past years. They often will have excellent study tips and maybe willing to pass on their own study notes!



Vets Australia is a comprehensive resource centre for Australian veterinarians, but don't worry, you don't need to wait until you graduate to gain access - we've also made it available to veterinary students.

There are heaps of tools and resources you will find useful, especially entering your clinical years at vet school. These include dosage charts and calculators, e-learnings and webinars. There's even a copy of the AIDAP Antibiotic Prescribing Guidelines....(Did you know that your very own Dr. Vanessa Barrs is one of six specialists who wrote this document??). Visit www.vetsaustralia.com.au or download the app from the App Store. Use clinic name: "Sydney Uni Student" and select type: "Veterinary, equine & OTC" when you join - and yes, it's absolutely free.

In my mind, it's always better to be informed, than to be left in the dark. Happy learning!

By Megan Lui

4			7		6		2	
			1			8		
5	9	7	8				1	
	1					7		4
		4				1		
9		3					5	
	3				9	2	4	1
		8			2			
	4		6		7			5

A sudoku to work your brain (you weren't really going to start studying right now anyway).

WHICH LECTURER ARE YOU?

BY ANONYMOUS

What best describes you?

- a. Charismatic and Cool
- b. ISFJ
- c. Adorable
- d. Eccentric
- e. Passionate

It's Monday morning, 9am pathology lecture, what are you doing?

- a. I'm 15 minutes late, soz not soz
- b. Lulling everyone to sleep with my soothing voice
- c. Being cute
- d. Drawing some pretty pictures on the board
- e. I think I know but (sadly) cannot be sure

What is your best accessory?

- a. My jar of lollies
- b. My smile
- c. My briefcase
- d. My beard
- e. My latest book

What's on the screen?

- a. Some really gross, gross image
- b. Advice on 'appropriately' touching clients – elbows are ok, breasts are not
- c. Nothing, THERE ARE NO NOTES, PANIC
- d. A hand drawn whiteboard diagram. It's complicated.
- e. A picture of a horse with its

neck bent, or a pug who can't breathe

Are we likely to finish this lecture early?

- a. no
- b. no
- c. no
- d. no
- e. no

If I send you an email, will you reply?

- a. If I feel like it
- b. I will answer all your questions and more, to a high level of detail
- c. Too old school for email
- d. Yes
- e. Probably will reply with a link to an article I wrote, or an excerpt from my book

Where will you find me during lunch hour?

- a. Playing footy with the young guns
- b. Practicing my socialising skills around the water cooler, and improving my emotional intelligence
- c. Eating a balanced meal
- d. Teaching 'optional' tutorials: because equine anatomy should have had more credit points
- e. At a photoshoot for my newest pet food range

The thing that gets me really 'excited' is?

- a. Tissue architecture
- b. Delivering the perfect compliment sandwich
- c. Bones
- d. Kegs
- e. Really specific stamps

What's your superpower?

- a. Special stains
- b. Giving just the right amount of eye contact
- c. I make the story of vitamin d homeostasis sound better than Harry Potter
- d. Going entire lectures without referring to any notes
- e. Speaking for those who cannot speak for themselves

If you wrote a book what would it be about?

- a. 101 diseases you will never need to know
- b. How to communicate with your face when words fail: it's all in the eyebrows
- c. Calcium and nitrogen: why write a book about it? Because I CaN
- d. Reptiles: why they are better than your cat and dog combined
- e. What do you mean I've already written like 10 books

MOSTLY A'S

Mark Krockenburger – or Marky Mark as we like to call him. Marky is down with the cool kids, he knows what's up yo.



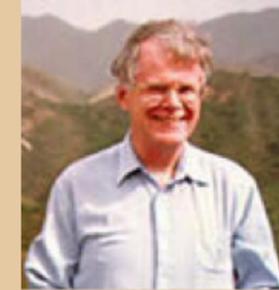
MOSTLY B'S

Susan Matthews - We all know vet students unanimously prefer animals to people. Susan has taken it upon herself to help us learn to be a little more human with one another. Good luck Susan!



MOSTLY C'S

David Fraser - David Fraser is adorable full stop. Probably the only lecturer universally loved. "I want David Fraser for my grandpa."



MOSTLY D'S

Glenn Shea - Glenn's beard makes us all feel inadequate.



MOSTLY E'S

Paul McGreevy - Passionate about animal welfare, you may have seen him recently on Catalyst advocating for banning of whips in horse racing. Don't worry if you missed it, he's got plenty of journal articles and books for you to read all about his work!



INTRODUCING HILL'S VNA

BY BETH & GEN

Would you like to improve your confidence and competency as an advocate for ideal pet nutrition?

The health and longevity of our pets are largely influenced by three factors – genetics, environment and nutrition. In our capacity as members of the veterinary profession, nutrition is the one area where we can have substantial influence, provided we have a solid basis for our beliefs and recommendations.

Hill's has thus developed the Veterinary Nutritional Advocate (VNA) program: a unique, online educational experience, which aims to help veterinary healthcare teams understand proper pet nutrition and communicate their understanding to pet owners.

The VNA...

- Is FREE to all members of the veterinary healthcare team and veterinary students world wide!
 - Is available at all times for you to learn at your own time and pace
 - Is divided into 3 levels, each with 10 sequential modules:
 - o Level I, UNDERSTANDING the Importance of Proper Pet Nutrition
 - o Level II, COMMUNICATING Your Understanding of Proper Pet Nutrition
 - o Level III, BENEFITING by Communicating Proper Pet Nutrition
 - Allows you to track your progress and complete short quizzes

Completion of all 3 levels earns you the title of "Veterinary Nutritional Advocate"! (Now that'll look nice on your C.V.)

We have GREAT PRIZE PACKS to give away to every student that completes Level One of the VNA – plus an EXTRA SPECIAL GIFT for students who complete Level Two. Speak to your Hill's Reps Gen and Beth for more details!



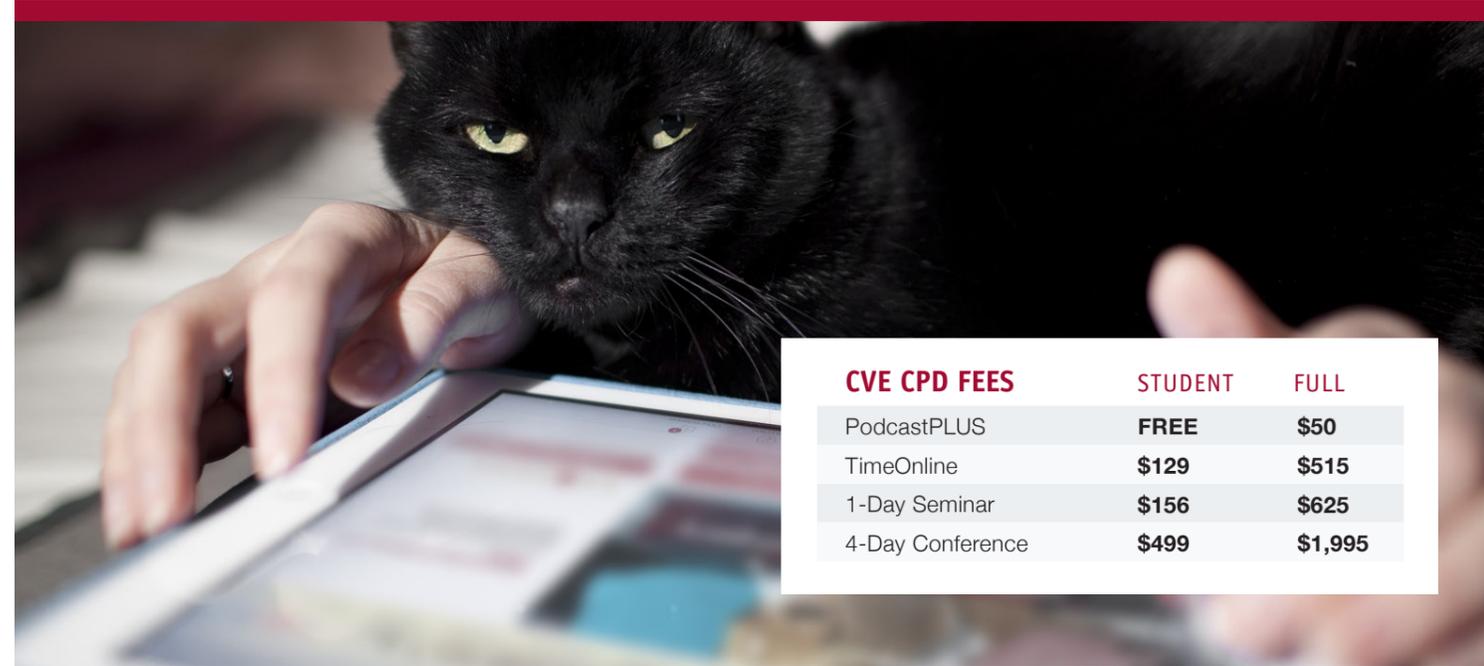
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www.cve.edu.au/timeonline

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More than just a webinar, this new user-friendly learning tool delivers maximum flexibility combined with interactivity and group learning. FREE to CVE Members and Students, non-member Vets are welcome to join in.

Although the PodcastPLUS series goes live at 2PM when you may be in class, registration stays open until 5PM the following Thursday. This will allow you to login after uni to access the PodcastPLUS and join the Q&A forum – you may ask questions, or simply learn from the tutor and the other participants – busy vets in everyday practice.

www.cve.edu.au/podcastplus

August 10	Demystifying ECGs	Niek Beijerink
August 24	Anaesthetic Complications	Sanaa Zaki & Gabrielle Musk
September 7	Feline Emergencies	Trudi McAlees
September 21	Small Animal Behaviour	Jacqui Ley
October 12	Veterinary Care of Wildlife	David Blyde
October 26	Respiratory Failure	Duana McBride

August 25	Hindlimb Lameness: Seeing the Trees	Robin Bell
September 29	Sudden Death – Investigating Causes in Cattle	Paul Cusack
October 27	Pharmacology – Popular Veterinary Nutritional Supplements	Charmaine Tham
November 24	Clinical Biochemistry: Do We Know How To Interpret The Results?	Randolph Baral

Centre for Veterinary Education



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